

East Bay Meditation Center's yearlong program  
Practice in Transformative Action (PiTA)  
Guiding and founding teacher: Mushim Patricia Ikeda  
[www.mushimikeda.com](http://www.mushimikeda.com)  
Teaching apprentices

PiTA 1	2013-2014	no apprentice
PiTA 2	2014-2015	Renato Almanzor
PiTA 3	2015-2016	Christine Cordero
PiTA 4	2016-2017	Bri Barnett
PiTA 5	2017-2018	Bong Lau
PiTA 6	2018-2019	Weyam Ghadbian Usa Lee (JA Prompongsatorn)
PiTA 7	2019-2020	Zahra Ahmed Christian Howard
PiTA 8	2020-2021	Zahra Ahmed Unique Holland Christian Howard
PiTA 9	2021-2022	Jess Bank Erica Bridgeman Tenesha Duncan Cynthia Gutiérrez
PiTA 10	2022-2023	Maureen Anderson Ellen Morrison Angel Nguyen Damali Robertson Tracy Stewart

Program went on hiatus as of August 2023