



East Bay Meditation Center Newsletter

MAY 2014

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Featured Event



Save the Date!
Community Meeting
Wednesday, June 11
at 6:30 – 9:00 PM

Almost a year has passed since EBMC's community meeting in July 2013. You shared great ideas, concerns and feedback with us. Come hear what we have taken action on, what is in progress, and our plans for increasing transparency and sharing news with the Sangha year round. There will be opportunity for more feedback, and we will be sharing exciting organizational developments as well as future plans to share our



Director's Report

Cultivating Abundance at EBMC

by Brenda Salgado, EBMC Center Director

"Gardening is an active participation in the deepest mysteries of the universe." ---Thomas Berry

Spring is one of my favorite seasons. My husband Rick tills and amends the soil, we plan and prepare for the plants that will nourish and heal us. When the soil is ready, I offer drumming, song, and other offerings to the land before we plant. What a blessing to find myself at EBMC this Spring, contemplating what we want to plant and cultivate together. Some updates for you...

House Party Success

The May 10, 2014 House Party, "A celebration of abundance for EBMC," was a great success. We've raised \$6,100, and more donations are still coming in! Warm thanks to Deb Kerr for hosting us. She shared that it was coming full circle, as some of the earliest conversations about starting EBMC took place many, many years ago in her living room. What a sense of history! Thank you to everyone who supported this effort! You are deeply appreciated.

Help EBMC Raise Our Number of Monthly Donors & Win a Prize!

The House Party was a great kickoff for our annual spring Friendraising Drive. Our goal is to have 25 new people join as Friends of EBMC monthly donors by June 30. This year, we are offering a prize to the three people who enroll the most new folks as Friends of EBMC: [Read More...](#)

EBMC story in the wider
Buddhist and social justice
movement worlds.

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Photo by Xiomara Castro



Bikes and Books at EBMC

Bicyclists and book lovers, EBMC now has
a new bike rack and a lending library!



The vertical bike rack was donated and installed by
volunteers Steve Day and Kate Van Der Riet.



The lending library, located in Room #1, offers a wonderful
variety of books and DVDs related to Dharma, social justice,
and other topics of Sangha interest, including a special section
of children's books. All of the library materials have been
donated by various Sangha members, and have been
lovingly labeled, organized and shelved, and will be
maintained by the EBMC Library Sangha, composed
of volunteers Kam McCallum,
Marge Sussman, Nina Lawit and Jamilah Bradshaw.



*Photo by Katie Loncke,
Buddhist Peace Fellowship co-director*



Behind the Scenes: EBMC's Volunteer Techie Sangha

by Xiaojing Wang, EBMC Assistant Director

The EBMC "Techie Sangha" started informally as a few volunteers and staff working to improve our database (a.k.a. The Mothership), originally created by super volunteers Lisa Jervis and Jeff Pollet in 2011. Since then, our sangha has expanded and now includes Ann Win, Casey Dennis, David Staloch, Jeff Pollet, Jen-Mei Wu, Lisa Jervis, Mike Devito, and Mike Silk. In addition, volunteers Aaron Huang, Ana Plasencia, Carmen Meléndez, Fiona Baker, and Joyce Rybandt all play critical roles in keeping our data fresh and clean. A huge thank you to everyone doing this important behind-the-scenes work!



The EBMC Techie Sangha, l to r:
Casey Dennis, Brenda Salgado, Jeff Pollett,
Mike DeVito, Indra Mungal.



Coming up in our next newsletter

More to come about EBMC's People of Color Sangha
Coordinating Committee



EBMC's Mission Statement

Founded to provide a welcoming environment for people of color, members of the LGBTQI community, people with disabilities, and other underrepresented communities, the [East Bay Meditation Center](#) welcomes everyone seeking to end suffering and cultivate happiness. Our mission is to foster liberation, personal and interpersonal healing, social action, and inclusive community building. We offer mindfulness practices and teachings on wisdom and compassion from Buddhist and other spiritual traditions. Rooted in our commitment to diversity, we operate with transparent democratic governance, generosity-based economics, and environmental sustainability.

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